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# CFS CARE: CORONAVIRUS RESPONSE

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**The 2020 Coronavirus outbreak (COVID-19) has been declared a pandemic by the World Health Organisation (WHO).**

**Here, we outline some of the key information and resources that as a foster carer you may wish to know**

## **NHS HELPCENTRE**

A new NHS 111 online service has been put in place specifically to help people get access to quick advice about coronavirus. Should you feel that you, or someone in your care has the symptoms, or may have been exposed to someone who has coronavirus then we recommend that you contact the NHS immediately.

You will be asked a few straight forward questions and will be advised on what actions you should take next.

If you would prefer to speak to someone on the phone, you can call the 111 NHS Helpline. NHS 111 is available 24 hours a day, 365 days a year. Calls to this number are free from landlines and mobile phones, however please be advised that large call volumes may mean that you will experience a long wait time so please be patient if that is the case.

## **ONGOING NHS ADVICE:**

**[www.nhs.uk/conditions/coronavirus-covid-19/](http://www.nhs.uk/conditions/coronavirus-covid-19/)**



## **NHS DETAILS**

### **NHS HELPCENTRE:**

**<https://111.nhs.uk/covid-19>**

**NHS NUMBER: 111**



**STAY HOME  
PROTECT THE NHS  
SAVE LIVES**



## CORONAVIRUS ACTION PLAN

### **DEPARTMENT OF HEALTH**

The Department of Health and Social Care published a guide entitled 'A guide to what you can expect across the UK' on 3rd March 2020.

The document sets out what the UK as a whole will do (and already has done) to tackle the COVID-19 outbreak.

### **CFS CARE**

If you are a foster carer (no matter who your placement is with) and have any concerns or questions about the impact of Coronavirus on your fostering placement please feel free to contact us at CFS Care.

**TEL: 01204 70477**

**<https://cfscare.co.uk/contact/>**

### **DEPARTMENT FOR EDUCATION HELPLINE**

The Department of Education has set up a dedicated helpline offering guidance and support for anyone with education related questions for parents and guardians (which includes foster carers) who have concerns about a young persons education during this period of severe disruption.

The helpline spans the whole educational spectrum up to university level.

The department's twitter and facebook pages are also providing regular updates.

**Tel: 0800 046 8687**

*Opening Hours: 8am to 6pm (Monday – Friday)*

**Email:**

**[coronavirushelpline@education.gov.uk](mailto:coronavirushelpline@education.gov.uk)**



### **OTHER USEFUL DOCUMENTS**

Regular updates and announcements on COVID-19:  
<https://www.gov.uk/coronavirus>

What is self-isolation and why is it important?:  
<https://publichealthmatters.blog.gov.uk/2020/02/20/>